



KCC

Bible Reading Plan

Develop a practice of savoring and meditating on the Word. Be nourished and refreshed every day.

*Foreword by our Pastors:
Like a Tree Planted by Streams of Water*

One of our favourite Bible imageries of a Christ-like believer is the tree in Psalm 1.

He lives righteously (following the way of righteousness), fruitfully (yields its fruit in its season) and is resilient (its leaf does not wither). He does all these without any striving, just by being himself, like a tree planted by streams of water.

A very inviting way of life.

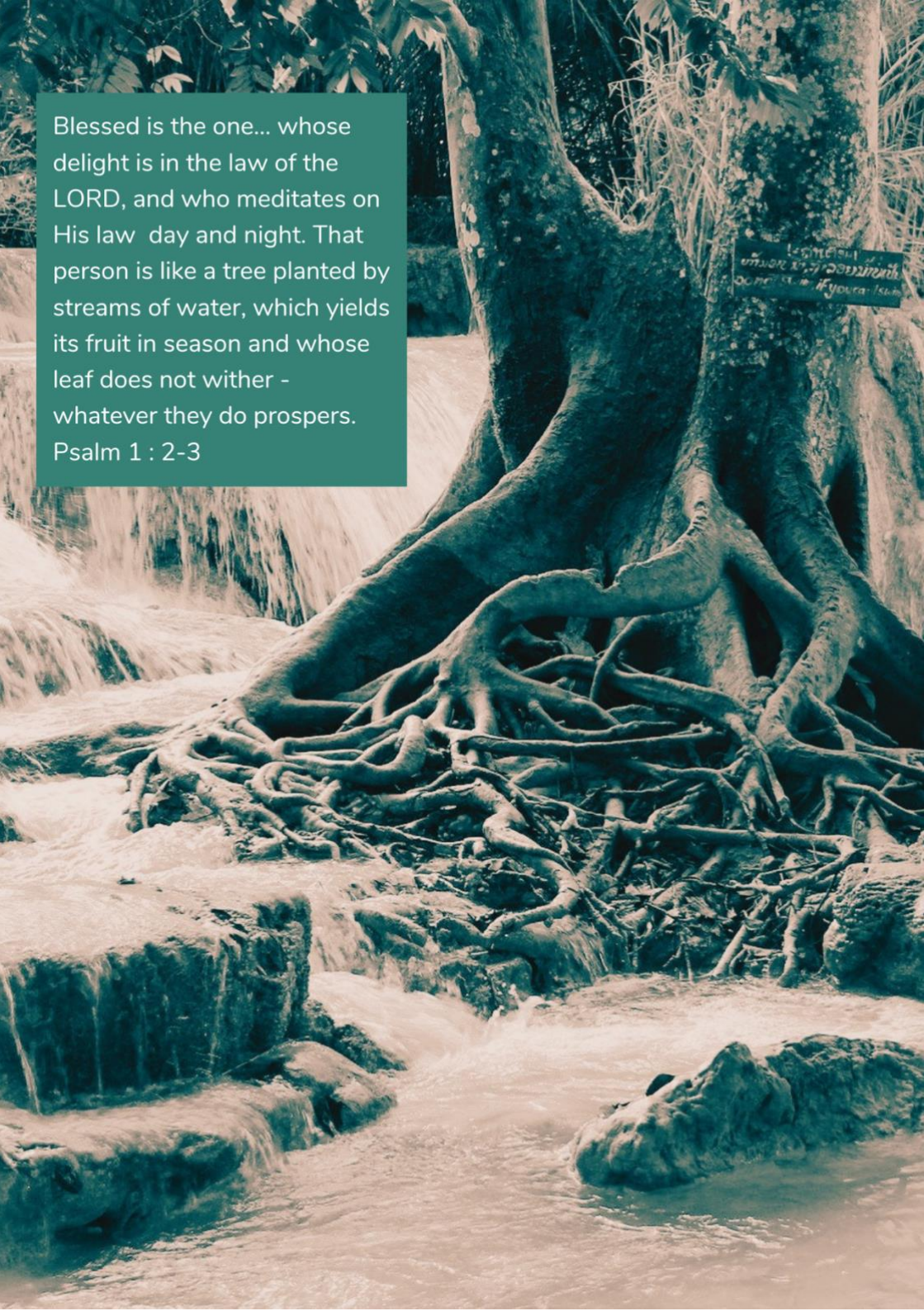
His secret? He delights in the law of the Lord and meditates on it day and night.

Do this, the psalmist says, and we will prosper and bear fruit in its season. If we don't, we'll experience the opposite result: we'll be like chaff that the wind blows away. Our lives won't last, especially in these uncertain times.

This is why, in Kingdom Community Church, we are passionate about encouraging and equipping everyone to read the Bible every day and through the year. In 2023, we invite you to, once again, read through the entire Bible. There is a special blessing when we do it together as a spiritual family. You can form groups of 2-5 with whom you can share insights or revelation received. Or simply to spur each other to complete the one-year journey.

May you have a fruitful year ahead!

Shalom,
Pastors Vincent & Jenny

A large, ancient tree with thick, gnarled roots that spread out over a rocky stream and waterfall. The water is clear and flows over the rocks. The scene is set in a lush, green forest. A small sign is visible on the tree trunk to the right.

Blessed is the one... whose
delight is in the law of the
LORD, and who meditates on
His law day and night. That
person is like a tree planted by
streams of water, which yields
its fruit in season and whose
leaf does not wither -
whatever they do prospers.
Psalm 1 : 2-3

Contents

	Pg #
Bible Reading Plans	5
Accessing and Starting the Plan	7
Building a Habit of Devotional Time	10
Ways to Engage with God In the Bible	12

Bible Reading Plans

This year, we encourage you to find a Bible reading plan which is suitable for your own pace. The aim is not to rush through the Bible reading, but to take time to develop a discipline of connecting and communing with God daily. Please go through

Continue forming small groups to read with and discuss your reflections with one another. This helps with accountability and keeping you on track through the year!

We provide 1 suggested reading plan from [Navigators](#) and 2 from [YouVersion \(Bible.com\) App](#). Feel free to find other options.

5x5x5 New Testament Reading Plan

5 days a week, 5 minutes a day to read through the New Testament. The plan also provides 5 ways to dig deeper into the word as you read. This is an easy plan for those who are just starting out in building a habit of reading the bible daily. (note: no app version)



5x5x5

New Testament Bible Reading Plan
Read through the New Testament in 5 days a week, 5 minutes a day.

One Story that Leads to Jesus by BibleProject

This Bible-in-one-year plan starts from the Old Testament and works through the entire Bible, incorporating 150 animated videos and pointing to a unified story that leads to Jesus.



Bible in 2 years

[\(Old Testament in a year,](#)
[New Testament in a year\)](#)



This set of plans split the Old Testament and New Testament into 2 years. This plan is less intense as there are lesser passages to read in a day. This might be more manageable if you're finding it difficult to keep up with the one-year plan above.

Join the Chinese Congregation Zoom Devotional Time!

The Chinese congregation meets over zoom every Tuesday-Friday, from 7.30am for a time of devotions. They will be starting on the book of Job in January. Join them to spend time with the Lord!

Day	Every Tuesday-Friday
Time	7.30-8am (in Chinese only): Reading of scripture and time of sharing 8-8.30am (bilingual): devotional video by <u>GA611 church</u>
Zoom Details	<u>https://us02web.zoom.us/j/4769208633?pwd=djhYUUFYTktRV3RpS3NaNnRBK2d6dz09&omn=82032332618</u> Meeting ID: 476 920 8633 Passcode: 123123

Accessing & Starting the Plan

(Note: the Navigators 5x5x5 plan is not on an app. It can be accessed [here](#))

Download the [YouVersion Bible app](#).

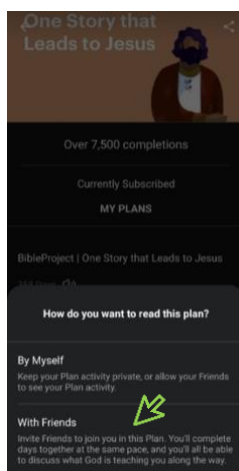
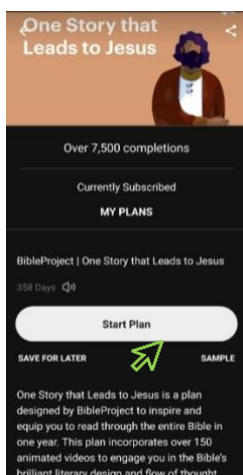
Search for the name of the plan you desire under 'Find Plans' .

Form a Spur Group

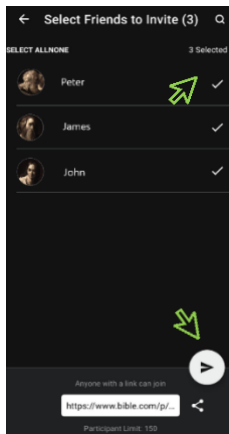
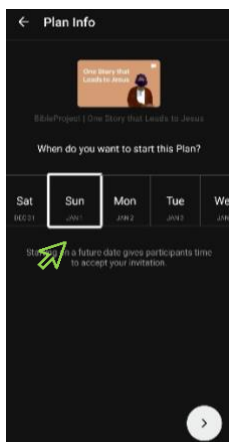
Join with 2-3 others and form a small spur group to read the Bible together in the year ahead. Share your thoughts using any online communication channels you wish (YouVersion 'Talk it Over' feature, WhatsApp, etc).

Here's how to start the plan with friends on the YouVersion Bible app:

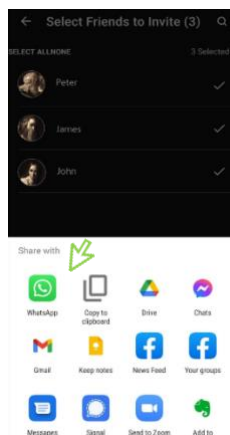
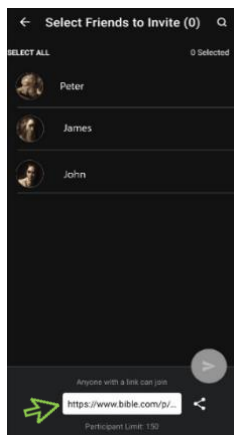
1. Click on 'Start Plan'.
2. Select 'With Friends'



3. Choose to start the plan on Sat, 1 Jan, 2023.
4. Invite friends who are already in your YouVersion contacts by selecting them in your app. Then, click on the arrow that lights up.



5. Alternatively, invite friends by copying the link and sending it to them via a communication channel of your choice (e.g. WhatsApp).



When forming your groups:

- Try to keep the group to not more than 5 so that different ones can feel more ownership in sharing and encouraging one another.
- For couples, consider joining your partner and enhance your spiritual conversations with each other. But do also include others in your group and grow together in community.

Building a Habit of Devotional Time

15 Minutes with God

Starting out in building a habit of daily devotional time with God can be challenging. We suggest to start off with a more manageable duration- 15 minutes- and slowly build up from there.

See the next page for a suggested breakdown of how you can spend just 15 minutes with God, and watch this [YouTube video](#) to see how this works. The video also has a guided time where you get to try out this 15 minutes breakdown for yourself.

Habits take time to build, so do not be discouraged if you forget to do your devotional time. Keep pressing on in setting aside just 15 minutes for the Lord daily. The Lord loves to spend time with you!

”

Do not become devoted to the habit, but to the Savior. Spend time in the Word and prayer not because other people are doing it, not as a spiritless duty every morning, not merely as an end in itself, but because God has granted us the priceless privilege of fellowship with Him.

– Navigators

Quieten

1 min

Breathe In: say one line of a prayer that you have
eg. "God I want to draw closer to you today"

Breathe Out: say another line of a prayer that you have
eg. "I lay down all my worries and anxieties"

Repeat the same lines of prayer as you take deep breaths in and out

Worship

6 min

Choose a worship song on YouTube

Press into His presence- the One you are here for!

Listen and sing out the lyrics as a prayer or adoration

Close your eyes and imagine sitting at the feet of Jesus, looking up into His eyes and singing this song to Him

Read

5 min

Select a portion of scripture to read.

Read & re-read /
Listen & re-listen!

Questions to help engage:

- Is the Holy Spirit highlighting any words/verses? Is the Holy Spirit saying anything? How then shall I respond to this?
- What does this say about God? What does this say about me? How then shall I respond to this?

Pray

3 min

An expression of praise, adoration or supplication, or as response to what you received when you were reading

Possible prayer points:

- Pray a response to what you received
- Pray praises and adoration to God
- Pray your requests

Ways to engage with God in the Bible

Submit to it!

"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."
Hebrews 4:12

God lives in His word. His word has life and spirit. Commit yourselves to the reading of God's Word but moreover **commit to submitting to it so that the Word begins to read you**. It is a different type of reading where the Word of God not just speaks to you on the cognitive level but it touches your heart and transforms you.

Open your devotional time with **asking the Holy Spirit** to tenderise your heart, illuminate the scriptures, and help you to understand.

"When the Advocate comes, whom I will send to you from the Father – the Spirit of Truth who goes out from the Father – He will testify about Me." (John 15:26)

"...may give to you the spirit of wisdom and revelation in the knowledge of Him... (Eph. 1:17)

Listen to it!

Faith comes by hearing and hearing from the word of God. If you're someone who does not like to read at all then **start with listening** to the Bible! Use the audio option to listen to the day's devotion and bible readings – we can play that in the YouVersion Bible app. You can even adjust the pace of reading to slow it down to allow truths to sink in...

Memorise it!

Storing God's word in your mind will allow the Holy Spirit to bring it up during a temptation or trial. During temptation you can be like Jesus who will say to the devil, "It is written." Memorizing the Scripture like this will help you to conquer sin (Psalm 119:11).

To start off your journey, check out this [list of verses](#) by Navigators, organized by topic. For a start, choose one topic (each topic has 12 verses) and try memorizing one verse a month!

3 Key Questions

As we read the Scripture, we want to focus on knowing **who God is**. While we may learn principles about the Kingdom of God, **we also want to know a Person**. Through that, we can know **our true identity** as his beloved creation. It is not enough to read/study the Bible – we must **TALK** to God as we read/study.

Keeping a journal can be helpful for you to write out your thoughts and prayers to Him.

You search the Scriptures [Bible study], for in them you think you have...life; these are they which testify of Me. You are not willing to come to Me [talk to Me] that you may have life. (Jn. 5:39-40)

1. What does this say about You (Father God/ Jesus/ Holy Spirit)?

Highlight or write down the names of God, the descriptions, His emotions, what He does. *E.g. God created, which means He is a Creator and a creative God.*

2. What does this say about me/ humanity?

Ask God to speak to us about this and discover who we are in Him – this is our God-given identity. Embrace these truths by thanking Him. *E.g. Thank you Father for creating me with purpose and intent. I'm Your workmanship created to do good works. I'm Your creation designed with creativity.*

3. How then shall I respond?

Ask God to show and help us how to live out this truth in day-to-day life and obey His word. *E.g. Forgive me if I have hated myself because I know that hurts you. Help me to be rooted in my identity as Your beloved creation. I will learn to love myself and others because You created us with love and care.*

Pray the Word

Praying the word is basically talking to God using His own words. As you read the word, convert what you understand from the verses into prayer. See below for a suggested breakdown of how to pray the word, and watch this [YouTube video](#) to see how this works. The video also includes a demo of what praying the word looks like.

Read

Read the passage

Choose the verses that jump out at you

Understand

Ask God for a deeper understanding and revelation of the verse

Declaration / Confession

Turn verses of promises to declarations of thanksgiving or trust

Confess if you have not been doing what the verse commands

Make declarations of resolve to obey what the verse says

Ask

Ask God for help to obey

Lectio Divina

One of the oldest, simplest, and most powerful tools for hearing God's voice in and through the Bible is Lectio Divina. **This is an approach to Scripture that emphasizes reading it prayerfully, slowly, and with imagination.** It's about the heart more than the head—less about Bible study than turning the Bible into a conversation with God.

In the 12th century, a monk called Guigo systematized Lectio Divina into four helpful steps. In Latin, these were "lectio, meditatio, oratio, and contemplatio"—read, meditate, pray, contemplate.

Read the text.

Meditate upon the text, allowing your mind to explore its meaning.

Pray the text, turning your thoughts into prayers.

Contemplate the Lord, moving your focus away from the text, onto Christ himself.

We recommend you complete [a 5-day devotional plan](#) with Pete Greig, founder of 24-7 Prayer, via Youversion bible app.



If you enjoy lectio divina, you can go through [a more detailed lectio course](#) by yourself or with other family members!

